

OCEAN POINT Resort & Spa

60 min - 90 U\$D 90 min - 130 U\$D

SWEDISH MASSAGE

It is helps to clear the body and mind of unwanted responses to stress. Increase Flexibility. This massage will elongate the muscles, open the joints and decrease swelling, all of which will ease movement and increase flexibility. Improve Posture.

DEEP TISSUE MASSAGE

This massage technique focuses on penetrating into the deepest parts of muscle tissue and tendons by using slow, deep strokes across the muscle grain. Relief pain and stiffness by improving blood circulation and restore range of motion.

## INDIAN HEAD MASSAGE

Relief of headaches, stimulating the scalp and hair follicles, shoulders and upper back relief, facial drainage and relaxation.

COUPLE MASSAGE60 min ~ 240 U\$D per couple90min - 320 U\$D per couple

Indulge in a peaceful journey with someone special. Relaxing your mind, body and soul leaving you refreshed and renewed.

HOT STONE MASSAGE

Holistic treatment experience using volcanic stones to work six times deeper into muscles releasing muscle tensions, remove toxins, improve circulation, helps with digestions, relaxes the nervous system, lymphatic drainage and helps insomnia.

## BACK MASSAGE

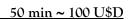
Focusing on problem area that needs more attention.

## PRENATAL MASSAGE

Body works focusing on special needs of mother-to-be as her body goes through changes. It improves circulation and general body tone and relieves mental and physical fatigue.

## REFLEXOLOGY MASSAGE

It works on the body on multiple levels which promote feelings of well-being, strengthen the immune system and release pain and tension.



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<u>60 min ~ 130 U\$D 90 min - 155 U\$D</u>

60 min ~ 120 U\$D

50min - 100 U\$D

<u>50min - 100 UşD</u>

50 min ~ 90 U\$D